

EARTHQUAKE EMERGENCY PREPAREDNESS

CEC continues to develop plans and procedures to ensure the safety of our students in case of a major earthquake. We keep a 3-day supply of food and water as well as first aid equipment, a camping stove, extra space blankets, crowbars, etc. We have an assortment of extra clothing.

We have complete first aid supplies in every classroom, and the office.

In addition, each child at CEC needs some personal earthquake supplies. We ask parents that you assemble these items and **send the kit with your child on the first day of the school.**

*If you need to replenish your returning child's supply of vital medications, please see the office.

EARTHQUAKE PROCEDURES

CEC staff are trained in First Aid and CPR. The staff conducts earthquake (and fire) drills with the children throughout the school year. The school has earthquake supplies and the staff continues to update its training in disaster preparedness.

IMPORTANT ELEMENTS OF THE SCHOOL'S DISASTER PREPAREDNESS PLAN DEPEND ON COOPERATION BETWEEN PARENTS/GUARDIANS AND THE SCHOOL. IN ORDER TO GIVE YOUR CHILD MAXIMUM PROTECTION IF AN EARTHQUAKE STRIKES, YOU MUST DO YOUR PART:

- 1. FILL OUT ALL EMERGENCY FORMS COMPLETELY AND LEGIBLY.
- PROVIDE YOUR CHILD WITH A COMPLETELY STOCKED EARTHQUAKE KIT.

CEC EARTHQUAKE KIT

Each child should have a gallon-sized zip-lock bag labeled on the outside with the child's first and last names. Please include:

- Any vital medications with directions for administering and extra eyeglasses, if necessary
- 2 Cyalume sticks (light sticks) and one jar of baby food.
- 1 space blanket (small, 3" x 5" size when folded)
- A letter from parents/guardians, written to the child, with comforting words and reassurance that they will be reunited as soon as possible and a picture of the family. Both should be sealed in an envelope with the child's name written on the outside.
- A small, stuffed "earthquake buddy" a favorite small toy.

In addition, we will keep duplicate *emergency information* in these backpacks. Please include a 3 x 5 index card with the following information printed legibly in black block letters:

- All parents'/guardians' home and work addresses and phone numbers
- The name, address, and phone numbers (day and evening) of at least two people who can pick up the child in case the parent/guardian is unable to do so. This emergency contact person should live and work on the east side of the bay.
- The name and phone numbers (day and evening) of at least one out-of-state person because in an emergency we may not be able to get through on a local phone line. Family members can check on each other's whereabouts and safety by calling this out-of-state number. In the event of an earthquake, the best contact between you, your child and your child's teachers may be through this out-of-state number.